

6am-11am Monday—Friday

6.30am-11:30am Saturday & Sunday

Heart Healthy 

### pancakes, french toast, waffles

buttermilk pancakes with maple syrup 12

add blueberries for \$3

classic french toast 12

belgian waffles mixed berries 12

### american buffet

omelet station/ eggs benedict/

pancakes/ french toast/

cereals/ fresh fruits/ pastries/

bacon/ sausage/ smoked salmon/

selection of juices/ coffee and teas 27

### continental buffet

breakfast pastries/ cereals/ fresh fruits/

smoked salmon/ selection of meats and

cheese/ selection of juice/

coffee and teas 21

## eggs and omelets

2 free range eggs cooked to your liking with choice of toast 11

3 egg /egg whites or egg beaters omelet  filled with your choice of canadian bacon/ mushrooms/ cherry tomatoes/ bell peppers/ spinach/ olives/ sharp cheddar/ feta or swiss cheese 14

huevos rancheros 2 fried eggs/ flour tortilla/ black beans/ homemade plum tomato salsa 14

classic eggs benedict hollandaise sauce/ english muffin 14

## beverages

juices 5

freshly squeezed

orange/ grapefruit/

apple/ tomato/

pineapple/ vegetable

coffee/ tea 5

hot chocolate 5


cappuccino/latte/  
espresso 5

milk whole/ skim/ soy 3

## fruits & berries

sliced fruits with berries  9

parfait with cranberries/ mixed berries

homemade granola and low fat yogurt 9 

## sides

crispy thick cut bacon 4

country sausage links 4

croissant /danish basket 6